

2010 Seasonal Flu Shot Clinics

Who: All City employees with medical coverage.*



When: Sept 29 - November 19

Where: Multiple City worksites

Schedule: Page 2 and at <http://personnelweb/benefits>



What to do:

- Select a clinic on Page 2. Be prepared to wait for a flu shot at Benefits Fairs.
- Bring completed flu shot form to the clinic. (Forms located at <http://personnelweb/benefits>)
- Wear clothing that allows access to your upper left arm.
- You **must** present your medical card at the flu shot clinic.

Your 2010 Flu Shot Costs

Medical Plan

Cost to You

All Preventive No charge

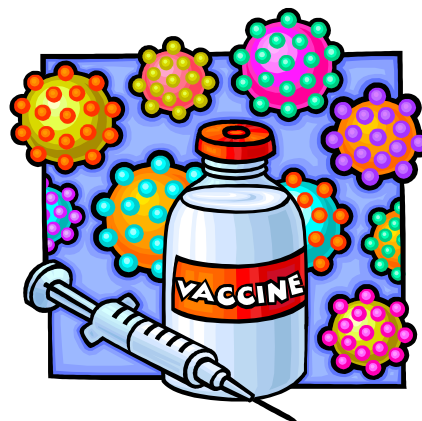
All Group Health Plans No charge

SPOG Traditional No charge

Most & Local 77 Traditional . \$28 check only

All Local 27 plans \$28 check only

To improve efficiency, Group Health nurses will give all flu shots and bill Aetna directly.



The single vaccination covers both the seasonal and H1N1 influenza viruses

Questions? Contact your department's benefits representative, or
Central Benefits at 206-615-1340.

*City employees—your family members can get their flu shot at a physician's office or at many local pharmacies. Worksite flu shot clinics are limited to employees only.

September Flu Shot Clinic

Clinic Date	Department	Clinic Time	Building Address	Room Name
09/29/10	All City Departments	9:00A – 3:30P	City Hall, 600 4th Avenue	Bertha Landes

 **New** – earlier clinic at City Hall. Avoid the lines on October 6.

October Flu Shot Clinics

Clinic Date	Department	Clinic Time	Building Address	Room Name
10/05/10	Parks/RDA	12N – 1:00P	800 Maynard Ave S. 98134	2 nd Fl Conf. Rm
10/06/10	All/Benefits Fair	9:30A – 2:30P	City Hall, 600 4th Avenue	Bertha Landes
10/07/10	Parks/Wellness Fair	11:30 A – 1:30P	SW Community Center 2801 SW Thistle	Multipurpose RM
10/12/10	All/Benefits Fair – Rainier Comm. Center	7:30 – 10:30A	Rainier Community Center 4600 38th Ave S	Gym
10/13/10	All City Departments	7:30A – 4:30P	Seattle Municipal Tower 700 5th Avenue	Room 4050/4060
10/14/10	Parks/HQ	12N – 1:00P	100 Dexter Ave N 98109	Board Room
10/14/10	All/Benefits Fair – Bitter Lake Comm Center	7:30 – 10:30A	Bitter Lake Community Center 13035 Linden Ave N	Gym
10/15/10	City Light	3 – 5 P	S Service Center 3613 4 th Ave. S	Gym
10/19/10	FFD/multiple Dpt/SDOT	10 – 11 A	FFD Charles Street 805 S. Charles St.	Conf. Rm/upstairs
10/19/10	All City Departments	7:30A – 4:30P	Seattle Municipal Tower 700 5th Avenue	Room 4050/4060
10/20/10	Seattle Center	1:30 – 4:00P	Seattle Center House 305 S. Harrison	Conf. Rm 104
10/26/10	Seattle Public Utilities	7:30–8:30A	Cedar Falls/Cedar River Watershed	Snoqualamie RM
10/27/10	Fleets/Police/SPU	3 – 5 P	Airport Way Center/Park 95	Building B/ large Conf. Rm
10/26/10	All City Departments	7:30A – 4:30P	Seattle Municipal Tower 700 5th Avenue	Room 4050/4060

November Flu Shot Clinics

Clinic Date	Department	Clinic Time	Building Address	Room Name
11/12/10	Seattle Police Dpt	7 – 9 P	West Precinct 810 Virginia St. (call on-site contact for parking)	Roll Call Room
11/17/10	Seattle Police Dpt	10A – 12P	West Precinct 810 Virginia St. (call on-site contact for parking)	Community Rm
11/30/10	SPU All Hands Meeting	7:30 – 8:30A	JTF 9401 Myers Way S 98108	Rooms 1 & 2